

Ordering Instructions: (1) Print the form. (2) Enter the number of items in the columns to the left and calculate your total. Deduct 10% as a Licensed User, Add 8% for packaging and shipping. (3) Enter Company Information and Shipping Address below. (4) Scan and email to order@AccurateErgonomics.com, or fax to 707-703-4119. (5) Make payment by check or credit card (See Below). Allow 7-10 days for shipping. Please call if you need assistance.

NUMBER TO ORDER	POSTER NUMBER	POSTER DESCRIPTION	SIZE		Price EACH	TOTAL
	POWER Program - POSTER 50 SAFE Stretch Routine	SAFE Stretch and Flexibility Exercise Routine taught during training (Does not contain the words "Warm-Up")	24x36		\$ 164.95	\$ -
	POWER Program - POSTER 51 SAFE Stretch Routine	Same poster as #50 above, in a smaller size	11x17		\$ 21.95	\$ -
	POWER Program - POSTER 52 Stretch Corner - Corner Push-Ups	Remind employees to perform Corner Push-Ups. Mount these in accessible corners	11x17		\$ 21.95	\$ -
	POWER Program - POSTER 60 Warm-Up & SAFE Stretch Routine	Warm-Up & SAFE Stretch and Flexibility Exercise Routine taught during MIPP training (Same as POSTER #50, with the words "Warm-Up" included in the title)	24x36		\$ 164.95	\$ -
	POWER Program - Poster 61 Warm-Up & SAFE Stretch Routine	Same as POSTER #60 above, in a smaller size	11x17		\$ 21.95	\$ -
	POWER Program - POSTER 62 Warm-Up & Stretch Corner Corner Push-Ups	Remind employees to perform Corner Push-Ups (Same as POSTER #52, with the words "Warm-Up" added). Mount in accessible corners	11x17		\$ 21.95	\$ -
	POWER Program - POSTER 63 Chin Slide	Remind employees to perform Chin-Slides through the day	11x17		\$ 21.95	\$ -
	POWER Program - POSTER 64 Hand Graphics for Corner Push-Ups	Remind employees to perform Corner Push-Ups throughout the day. Mount these in accessible corners (2 per set)	8.5x11		\$ 21.95	\$ -
	POWER Program - POSTER 70 Say No to Salt and Sugar	Remind employees to limit their intake. Mount these on walls next to tables and condiments in lunch rooms and break areas (2 per set)	5x8		\$ 9.95	\$ -
	POWER Program - POSTER 80 Remember to Stretch Light Bulb	Remind employees to Stretch	11x17		\$ 21.95	\$ -
	POWER Program - POSTER 81 Remember to Stretch Light Bulb	Same as POSTER #80 above, in a smaller size. Mount these next to time clocks and where space is limited	5x8		\$ 9.95	\$ -
	POWER Program - POSTER 82 Time to Stretch Light Bulb w/Bug	Remind employees to Stretch	11x17		\$ 21.95	\$ -
	POWER Program - POSTER 83 Stretch Often Light Bulb w/Bug	Remind employees to Stretch	11x17		\$ 21.95	\$ -
	POWER Program - POSTER 90 POW Light Bulb Reminder	Remind employees of the POW (POWER Posture)	11x17		\$ 21.95	\$ -
	POWER Program - POSTER 91 Protect Your Spine At All Times Light Bulb	Remind employees to protect their spine, at all times	11x17		\$ 21.95	\$ -
	POWER Program - POSTER 92 POWER Posture in Light Bulb	Remind employees to think about their posture	11x17		\$ 21.95	\$ -
	POWER Program - POSTER 93 Think POWER Posture Light Bulb	Remind employees to think about their posture	11x17		\$ 21.95	\$ -
	POWER Program - POSTER 94 POWER Posture (Green & White)	Remind employees what the POWER Posture looks like	11x17		\$ 21.95	\$ -
	POWER Program - POSTER 100 PAUSE For Prevention Light Bulb	Remind employees to PAUSE For Prevention	11x17		\$ 21.95	\$ -
	Warm-Up & SAFE Stretch Package - SSP-MMH1	1 - 24x36 #60, 4 - #61, plus 2 Laminated Leader Guides, 10 Employee Stretch Guides, 10 Pocket Cards, Implementation & Audit Forms (See POWER Deliverables Catalog) - Generic Header	Assorted		\$ 495.00	\$ -
	Warm-Up & SAFE Stretch Package - SSP-HIP1	1 - 24x36 #60, 4 - #61, plus 2 Laminated Leader Guides, 10 Employee Stretch Guides, 10 Pocket Cards, Implementation & Audit Forms (See POWER Deliverables Catalog) - Hospitality Header	Assorted		\$ 495.00	\$ -
	SAFE Stretch Employee Deliverables	Additional Set of SAFE Stretch Deliverables (10 Per Set: 10 Stretch Guides & 10 Pocket Cards / See Deliverables Catalog)	Assorted		\$ 195.00	\$ -
					TOTAL	\$ -
Licensed User Discount >	Licensed User 10% Discount - Subtract 10% >					
Sub Total				Sub Total		
Sales Tax	Add Sales Tax >			Sales Tax	8.125%	
Shipping >	Add 8% for Shipping >			Shipping >	\$ -	\$ -
				GRAND TOTAL >		

Enter Company & Shipping Information Below		Accurate Ergonomics Use Only	
Order Date:		Date Order Received:	
Your Name:		Date Payment Received:	
Company Name:		Date Order Processed:	
Shipping Address:		Date Shipped:	
City, St., Zip:			
Billing Address:		FedEx Order #:	
City, St., Zip:		FedEx Tracking #:	
Special Delivery Instructions:			

Deliverable Orders Must Be Paid in Full Prior to Shipping.

Option 1: Mail a check to Balance & Motion for Health (dba Accurate Ergonomics): 207A N. Cloverdale Blvd., Ste. 244, Cloverdale, CA. 95425
Option 2: Pay by Credit Card: Call Accurate Ergonomics to process this payment (707.894.4544 (CA) / 1.866.950.3746).

Thank You for Your Order!